



Cowboy-Cowgirl Tennis Camp Covid-19 Plan

CHECKLIST FOR OUTDOOR SPORTS PARTICIPANTS

As outlined in Governor Abbott's executive order GA-18, individuals may engage in outdoor sports, provided that the sports do not include contact with other participants, and no more than four participants play the sport at any time. Please note, under executive order GA-18, individuals shall avoid public swimming pools.

In accordance with Governor Abbott's executive order GA-18, the following are the minimum recommended health protocols for all individuals engaging in outdoor sports in Texas. These minimum health protocols are not a limit on the health protocols that individuals may adopt. Individuals are encouraged to adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all Texans.

The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.

Please note, public health guidance cannot anticipate every unique situation. Individuals should stay informed and take actions based on common sense and wise judgment that will protect health and support economic revitalization.

Health protocols for outdoor sports participants:

Self-screen before playing in an outdoor sport for any of the following, new or worsening signs or symptoms of possible COVID-19:

Cough

Shortness of breath or difficulty breathing

Chills

Repeated shaking with chills

Muscle pain

Headache

Sore throat

Loss of taste or smell

Diarrhea

Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit

Known close contact with a person who is lab confirmed to have COVID-19

- Train staff on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette.
- Regularly and frequently clean and disinfect any regularly touched surfaces, such as doorknobs, tables, chairs, and restrooms.
- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available.
- Place readily visible signage to remind everyone of best hygiene practices.
- Maintain rigorous sanitation practices like disinfection, handwashing, and cleanliness.
- No sharing of water jugs.
- A refund will be given if any full days are missed due to COVID-19 symptoms.
- A refund will not be given due to weather as we will be doing mental training.
- No parents or guardians visiting the camp during or between camp sessions, except to drop-off and pick-up campers.
- If possible, parents and guardians should remain in their vehicles at camper drop-off and pick-up.